



Scan the QR Code to Use Your EAP Benefit!



Caring for Aging Parents and Elders Speak to an Elder Care Specialist About Your Needs

A day may come when your loved one will need help as they age. If you are the person to step in and become the caregiver, know that First Sun EAP is a great resource for daily living solutions and elder care services.

Our intake specialists can connect you with quality resources to match your loved one's needs and resources to help you take care of yourself. Call to use your mental health sessions and life management services.

Elder Care Resources

- Home Care Agencies
- Adult Day Care
- Independent Retirement Communities
- Assisted Living Facilities
- Nursing Homes
- Transportation and Meal Services
- Support Groups
- Geriatric Care Managers

Select your organization's name to register for the Well-Being Center.

Your Employee Assistance Program (EAP) is paid by your employer. You and your household members are automatically covered. No health insurance is needed to participate. To speak to an intake specialist, call 800-968-8143. Services are confidential. First Sun EAP does not sell your personal information to third parties.

