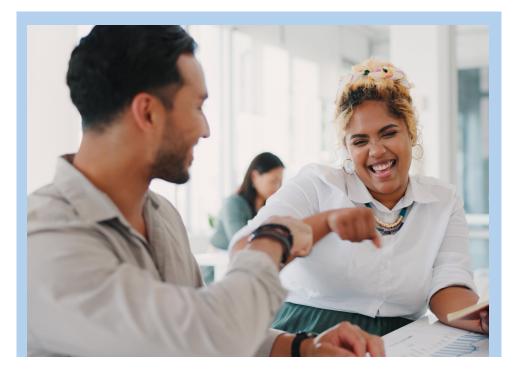


## Scan the QR Code to Use Your EAP Benefit!



## Effective Decision-Making Move Forward With Confidence

You might have heard of analysis paralysis, decision fatigue, or fear of commitment. Whether it is for these reasons or not, there will be a time when you struggle to make a decision. Don't let fear and anxiety take over.

Use your First Sun EAP benefit and schedule your mental health sessions. Choose from counseling, coaching or spiritual care.



