

Everyone At Potential

Many companies are struggling to maintain workforce well-being. At alarming rates, employees are suffering from stress, anxiety, burnout, lack of work-life balance or any combination of these. When their well-being decreases, so does their productivity. Employees start to slow down, call out or leave. These factors are costly but can be moderated with a solid support system.

First Sun EAP offers a support system through our top-tier employee assistance program (EAP). It is a comprehensive well-being solution that addresses issues and provides a path toward prevention and well-being before it leads to costly health care expenses. We have built in the flexibility to choose a plan that best suits your population and meets your goals.



Well-being Solutions for Work, Home and Life

Let's talk: 800-968-8143 • [Request a Quote](#)



You're in the Driver's Seat

The diversity of our tools and depth of expertise drive companies to successful outcomes:

- Provide a healthy culture
- Increase productivity
- Empower effective leaders
- Limit the impact of high-risk situations
- Be ready for a crisis

39
million

Number of employees who
left their workplace during
The Great Resignation
of 2021.

Let us help you retain your
best and brightest.

The Perennial Perk

When it comes to supporting employees, it's not only about better compensation. Employees say a one-time bonus, gift certificate or award doesn't compare to prioritizing their well-being. Our EAP helps them get through difficult times and maintain positive mental health and work-life balance. This benefit includes free services and discounts that extend to their household family members.

Be a Top Candidate for Your Top Candidates

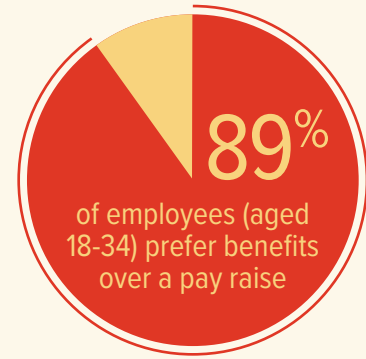
In this job market, two-thirds of employees are seeking new jobs. Are you a strong contender for top candidates? Our EAP is an attractive benefit that can boost your odds of landing and keeping a quality candidate. Our comprehensive EAP supports:

RETENTION. You save time and money.

ENGAGEMENT: This is a sign of a healthy culture.

PRODUCTIVITY: Work-life balance results in more efficiency.

We believe EAP also stands for Everyone At Potential. This means we care for and support every employee to help them reach their full potential for well-being. If an EAP is more than just a program to you, First Sun is your clear solution for today's demands and your future success.



Call us at 800-968-8143.

[Request a Quote](#)

Members, Congregations and Students

We help individuals manage their life challenges through our [Spark well-being programs](#). Learn how you can care for your group.



Leverage Your Success

We offer fee-for-service products to complement your company's objectives, expansion and professional growth goals:

- Manager/Supervisor Skills Training
- DE&I Coaching and Training
- Compliance Training
- Critical Incident Response
- [Request a Fee-for-service](#)
- Leader Coaching
- Layoff and RIF Assistance
- Termination Assistance

