

## **For Immediate Release**

### **First Sun EAP Hires Two EAP Leaders to Augment Service Expansion and Innovation**

**COLUMBIA, SC – October 18, 2021** – First Sun EAP, the leader of innovative EAP services in the Southeast, welcomes Lisa Hardy, CEAP, as the vice president of EAP Services and David Lower, LCSW-C, CEAP, as the director of Risk Management Services.

#### **Vice President of EAP Services**

Ms. Hardy will enhance First Sun EAP's long-time success in programming and service. She will also capitalize on our expertise and partnerships to drive effective future innovation. Ms. Hardy has over 21 years of EAP leadership experience with a successful regional EAP and brings a proven track record in partnering with customers, building teams, implementing growth strategies and developing innovative programs for clients and employer customers. "EAPs have come a long way from the industrial alcohol programs. Today, our employee assistance program stands at the forefront of providing mental well-being and increased productivity solutions for workplaces. What a privilege to be a part of First Sun EAP's innovative journey, as together, we help people be better at work," remarked Lisa. Lucy Henry, vice president of Stakeholder Relations, stated, "Prior to the pandemic, workplace culture was on the precipice of significant change and now that is even more true. Organizations depend on the employee's ability to be flexible and resilient. With Lisa's experience in fostering organizational well-being, First Sun will continue to be an essential resource that helps organizations and their employees adapt and succeed."

#### **Director of Risk Services**

Mr. Lower joins the First Sun EAP Risk team. First Sun's risk services are a highly valued differentiator in EAP services. The risk team's main role is to minimize behavioral risk in the workplace and maximize EAP value. David will lead efforts to expand service capacity, client experience and access points. He will reposition staff into more pro-active services to reach a broader range of individuals. "I am very excited to be joining the First Sun team. First Sun has almost 30 years of experience and is known in the industry for their outstanding EAP service delivery. I look forward to bringing my years of experience to the team in order to broaden our service offerings," said David. Mr. Lower has over 30 years of experience in mental health, addiction and employee assistance programs. He has a passion for creating excellence in service and a deep knowledge about all elements of behavioral health in the workplace. David will help guide staff and drive innovation as mental health becomes front and center for the business community. Christina Isenhower, former director of Risk Services, stated, "I am so grateful that David is joining the risk management team. I feel confident that with his experience and expertise, he will equip the team to continue their high-quality performance and customer service. I also believe his skills will position the team to adapt to the ever-changing needs and challenges of our corporate customers. With David at the helm of the risk team, I will shift my focus to developing and expanding First Sun's coaching opportunities and offerings."

#### **Our Intentional Strategy for Innovation**

"First Sun has long been known as an innovator in tailored EAP services. In recent years, we have expanded into cutting-edge training, coaching and population programs focused on well-being," said Maria Lund, First Sun EAP president and COO. "Hiring these new leaders is part of our intentional

strategy to invest in forward-looking leadership and innovation at a time when an unprecedented wave of mental health and well-being challenges face our customers and clients. This proactive move allows us to stand ready with on-target well-being solutions that continue to meet the rapidly evolving needs of our customers and communities.”

### **About First Sun EAP**

First Sun EAP is a leading provider of well-being solutions for work, home and life. We collaborate with enterprises and groups so their entire population is covered through our comprehensive well-being services: full service EAP, population programs, training and development, and critical incident response. Our integrated approach to well-being reduces the overwhelming challenges people face every day and supports leaders with tools to create success. For more information or to get a [quote](#) visit [www.firstsuneap.com](http://www.firstsuneap.com).

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