

Co-worker Conflict Resolution



**Call First Sun at
800-968-8143
or visit
www.firstsuneap.com**

Conflict between colleagues can make your workday very stressful.

Co-worker conflict, though stressful, does not have to be a negative experience. When resolved, it can lead to closer relationships. But if you find you need help coping with the stress that conflict brings, call First Sun EAP. Our intake specialists will match you with a counselor who can help you effectively resolve the conflict. Your call is confidential.

First Sun EAP services are made available to you and your family members by your employer. You can use the services whether or not you have chosen to participate in an employer health plan.

All counseling services are confidential in compliance with the law.

First Sun EAP Counselors are available 24/7/365 at 800-968-8143.

**Employee
& Family**

Member Services