

Navigating Relationship Conflict



FIRST SUN
EAP

We Help People **Be Better** at Work



**Call First Sun at
800-968-8143
or visit
www.firstsuneap.com**

Improve your relationship with counseling.

When you and your partner cannot effectively communicate the difficulties and distractions that can happen in a relationship, call First Sun EAP. We can connect you with a professional in our network who specializes in couples counseling.

First Sun EAP services are made available to you and your family members by your employer. You can use the services whether or not you have chosen to participate in an employer health plan.

All counseling services are confidential in compliance with the law.

First Sun EAP Counselors are available 24/7/365 at 800-968-8143.

Employee
& Family

Member Services