

# Internet Safety for Children



**Be an advocate  
for your child.  
Call First Sun at  
800-968-8143  
or visit  
[www.firstsuneap.com](http://www.firstsuneap.com)**

## It Takes More Than Just a Talk

The internet is a great tool for kids to explore and learn. Unfortunately, it's just as easy for others to access information regarding your children. Learn about online protection tools, setting rules for internet use and how to respond to inappropriate behavior.

You are your child's number one advocate. If you have concerns regarding internet safety or how to talk to your children, call us for guidance.

*First Sun EAP services are made available to you and your family members by your employer. You may use the services whether or not you have chosen to participate in an employer insurance plan.*

*All counseling services are confidential in compliance with the law.*

## Basic Internet Safety Tips

- Bookmark their favorite sites, making them easier to access.
- Make sure you know your children's passwords.
- Keep the computer in a general area.
- Share in their activities so you are aware of their interests.
- Call your internet service provider for help with online protection tools and selecting preferences for cookies.

First Sun EAP Counselors are available 24/7/365 at 800-968-8143.

Employee  
& Family

Member Services