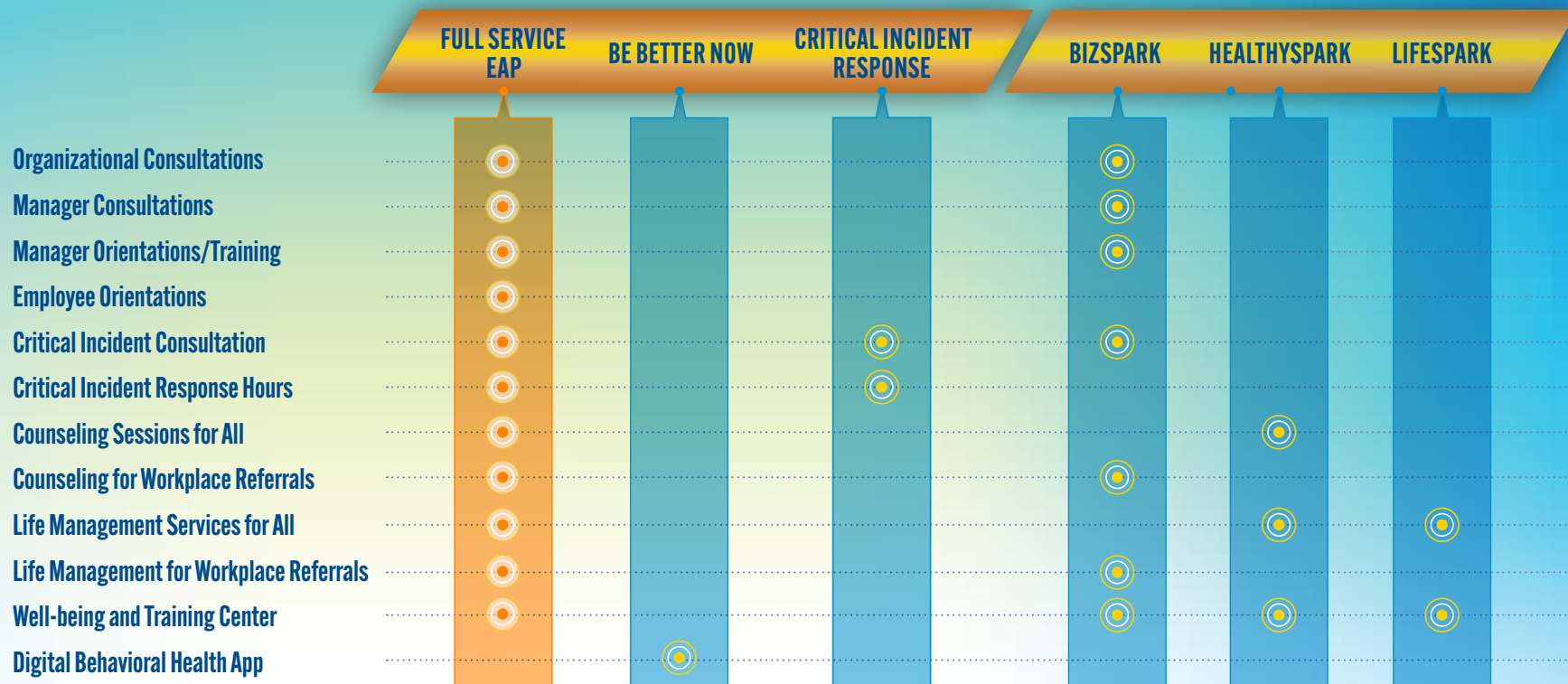


FIRST SUN EAP PLANS



Full Service EAP is a complete EAP solution for your entire organization. Your HR/leadership has unlimited access to our experts to help identify struggling employees and resolve workplace challenges. Employees have many resources to manage life's challenges. It is sold on an annual basis but can be purchased in 2020 as a three or six month contract.

Be Better NOW is a behavioral health app with interactive assessment, access to free text-based coaching and self-paced Cognitive Behavior Therapy modules that cover many goal areas such as anxiety, depression, sleep, mindfulness. Purchase separately or add it to your Full Service EAP.

Critical Incident Response is provided following a trauma, loss or any difficult period. First Sun consults with leadership and HR about everything from talking with the media to messaging to employees to supporting the emotional and psychological response of employees. We assist employees on how to remain resilient and healthy in the aftermath of a challenge.

BizSpark is a great resource for HR & leadership with solid ROI for the organization. They can self-improve with online training and receive unlimited consultations with our behavioral risk experts about workplace concerns like threats of violence, underperforming teams, and troubled employees. We work hand-in-hand with HR to develop an action plan and employees receive services to help them get back on track safely and quickly.

HealthySpark is designed so associations, groups and schools can provide services for their members or students. It is a robust service that includes the personal well-being components of an EAP and supplies your members with resources to manage life's challenges.

LifeSpark is created for associations and schools who wish to have affordable services to help members and students manage life's challenges. It is a low-cost way to offer easy access to services and resources to maintain work-life balance.



www.firstsuneap.com • 800-968-8143 • [Get a quote](#)

