



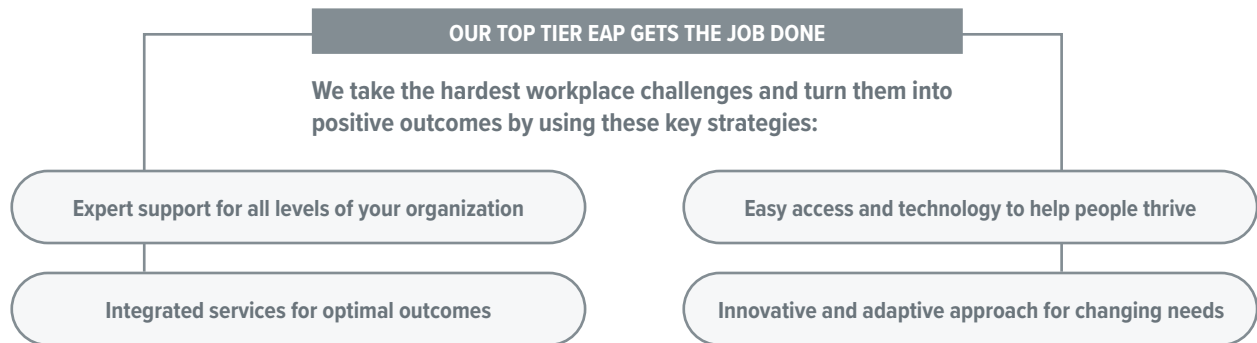
WE HELP PEOPLE BE BETTER AT WORK
WWW.FIRSTSUNEAP.COM • 800.968.8143



Life has quickly become more complicated, and there is plenty of change ahead. The pandemic created a ripple effect bringing about challenges to organizational success and employee well-being.

For over 25 years, our expert staff has assisted companies through tough times with professional consultations and coaching, personalized service, digital solutions, organizational training programs, flexible service models, and more.

Your company deserves to succeed! If you're charged with guiding the health and performance of your organization, give us a call at 800-968-8143 or browse our website at www.firstsuneap.com.



WORKING TOGETHER

Clients recognize the value and see the results of working with us.

“Our counselor was awesome! She was convenient to our work and took extra time to make sure we got all we needed out of our sessions. She always worked with our schedules as well. It’s over a year later and our marriage is stronger than ever because of First Sun EAP.”
Anonymous, Employee

“First Sun EAP’s services have been a wonderful support to our associates. Time and time again, I hear the wonderful success stories about the exceptional customer service and support of your team. On behalf of our leadership team, we thank you for your leadership and support of Goodwill’s internal mission.”
R. Putnam, Leadership



EMPLOYEE STRUGGLING AT WORK

My wife and I were constantly fighting about money. I felt frustrated and was short-tempered and unfocused at work. I called First Sun EAP and was relieved to find the support I was looking for — all in one place.



MANAGER FACING CHALLENGING SITUATION

My team was showing signs of anxiety that lead to concerning behavior at work. I called and received guidance from your Risk Management team. Together, we developed an action plan that prevented unprofessional behavior and increased our team’s productivity.

As you seek to find solutions for your employees, consider First Sun EAP – a top-tier employee assistance program (EAP) that has the flexibility and technology to serve your emerging needs with the level of care, trust and robust services you expect.

Discover what it means to be a First Sun EAP client and learn how we add value and enrich your entire organization. Call us at 800-968-8143 or email our president and COO, Maria Lund (maria.lund@firstsuneap.com).



We are the easy-to-access resource employees and their families turn to when they face emotional and mental well-being, and work-life challenges. A personal consultation ensures their issues are identified and that they are matched with ALL the resources needed to return to a better quality of life. To increase flexibility for users, we offer a behavioral health app and comprehensive website of life management and training materials. Our elite national network can be accessed via face-to-face, video, telephone, chat or personal message. And all crisis calls are immediately addressed 24/7/365.



HR professionals and management receive unlimited workplace consultations to help them with workplace challenges. We also help identify behavioral issues to minimize risk and avoid costly legal and operational disruptions. Our critical response team is there to help you prepare, respond and return to work safely. And we hold free leadership training, webinars, podcasts and special events as well as on-demand, online training to support your leaders' growth.



Strategic and continuous support for your company is the key to success. Our teams work diligently to reinforce the best outcome for you by offering useful resources and education. We provide engagement tools such as posters, handouts, magnets, webinars, benefits fairs and podcasts, as well as reporting features to reveal user trends and possible workplace issues. Collaborate with our success managers to integrate our EAP services with your company's initiatives, immediate needs and goals.