

## First Sun EAP | *Company Overview*

Smart leaders ensure the growth and success of their company by investing in their employees. Employees desire to work for and remain in companies where their personal growth and development are valued. Partners of First Sun EAP provide opportunities for employees and their families to access program services designed to enhance their wellbeing both personally and professionally. Managers and Supervisors are supported by unlimited consultations regarding personnel issues and companies save time and money through a decrease in absenteeism, enhanced productivity and fewer legal challenges. Working with First Sun EAP makes dollars and sense for employers.

### OUR HISTORY

First Sun was founded in 1992 by Don Lake. Don’s mission was to wisely grow his business through careful strategy and by hiring people who truly care and are dedicated to helping others. We honor Don’s memory with our core values:

***We are committed to results.***

***We care for those we work with and serve.***

***We are responsive to all requests.***

***We are aligned with the EAP profession.***

***We work together as a team.***

Our tagline—*We help people be better at work*—displays these core values and is the focus of our business. Don realized that issues at work *and* at home need to be supported in order for employees to be their best.

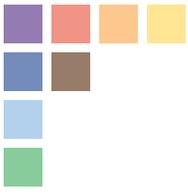
In 2007, BlueChoice® HealthPlan purchased First Sun and expanded our business to become the largest South Carolina-based regional EAP provider. We serve corporate customers nationally, but as our business model states, we are “strong in local knowledge and personal attention.” Our product offerings include an award-winning employee assistance program plus Behavioral Risk Management, Organizational Consultation, and Corporate and Professional Training programs.



Maria Lund, LPC, CEAP, LEAP  
President and Chief Operating Officer

Maria Lund is a co-founder, President and COO of First Sun EAP. Maria has over 24 years experience working in the EAP field. She has a Master’s Degree from Western Carolina University in Clinical Psychology, is a Certified and Licensed Employee Assistance Professional and a Licensed Professional Counselor. She is a leader in the EAP industry and has received awards and recognition from various EAP Associations, most recently the 2014 EAPA Member of the Year Award. Maria is the Chair of and standing columnist for the *Journal of Employee Assistance*. Under her leadership First Sun has been recognized as Best in Class by International EAPA and is the leading EAP in South Carolina.





First Sun EAP is a leader in the EAP industry. We operate under and embrace the core technology of the Employee Assistance Professional Association (EAPA), our professional organization of which we are members. Lucy Henry, VP of Stakeholder Relations, serves as the President of International EAPA as of October, 2014. Our company proudly accepted the best practice, invitation only membership to the National Behavioral Consortium and The Workplace Collaborative. Additionally, we have been recognized by EAPA as “Best in Class for Regional EAP,” and we are listed in *Workforce Magazine* as “The Hot List 2013: EAP Providers.”

#### THERE ARE EAPs AND THEN THERE IS FIRST SUN EAP

At First Sun, we administer a seamless transition between our EAP and your health plan. We are a full-service EAP providing a comprehensive line of services customized to help make your company’s goals attainable. We offer:

- One contact number for everyone’s needs
- A live person, available 24 / 7 / 365
- EAP with quick access to counselors
- Trainings (custom on-site, online and DVD) for leadership and employees
- Free management training
- Free Human Resource conferences
- On-site consultations customized to your specific workplace goals
- Consultations for leaders and HR regarding workplace policies and issues
- A plan to fit every budget

First Sun EAP is a proactive, low-cost service available to help your employees “Be Better At Work.” Ask your health care consultant or call First Sun to discuss how this valuable service can make a difference in your company. You may reach us at 800-968-8143 or visit us at [www.firstsuneap.com](http://www.firstsuneap.com).

#### UNPARALLELED SUPPORT AND RESOURCES

EAPs are often thought of as a call-in service offering only counseling or surface solutions. But a call to First Sun is the beginning of a support system equipped with thorough consultations and senior professionals that meet our standard of care. Our qualified staff guides employees and their family members through workplace and home-life issues with the goal of getting their lives back in balance. Below are the life management services we can provide:

- Legal Services and Documents
- Financial Consultations
- College and School Assistance
- Child Care Resources and Assistance
- Elder Care Resources and Assistance
- Adoption Assistance
- Pet Care Assistance

#### A WIN-WIN SITUATION

Offering First Sun services to your employees demonstrates the value you place on their wellbeing. We want to help you be proactive in maintaining a healthy workforce by:

- Reducing absenteeism
- Reducing turnover
- Reducing medical claims
- Addressing organization, management and employee issues
- Increasing productivity
- Increasing morale
- Implementing crisis response and support

